

Finish the Year Strong

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As we enter the 4th guarter of 2023, we need to evaluate what pace we are on towards reaching our goals. I want to start off by saying if you set goals at all for 2023 that puts you in the top 20% of our society and that and \$5.00 will buy you a coffee today, if your old like me it used to be 50 cents. I say that because of the 20% who set goals only 30% reach those goals we have set. So, what will it take over the next 3 months to be in the top 6% of our world? Now before we beat ourselves up too much, even if we set goals that may be unreachable and maybe we stretched ourselves a little too far we still are better off reaching for the stars and only getting to the moon. No matter what the situation, we have a couple months left to make the most of 2023. So, what do we do:

- Recommit to the highest priority goal, find out if we just accomplish this 2023 will be a huge success.
 Redefine the actions needed to reach that goal and focus on those activities.
- 3. Identify any bad habits that are hurting our progress. 4. Discover what has been helping you to succeed in 2023 and continue those actions.
- 5. Find the right mentor or accountability partner to help you finish strong.

Now that you have evaluated where you are going take a minute to celebrate your successes so far in 2023. Now let's reach for the stars and remember you do have what it takes to finish 2023 strong.

* Statista.com, 3 World Trade Center 175 Greenwich Street; 36th Floor New York, NY 10007

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